



WILMINGTON YOUTH LACROSSE ASSOCIATION

PARENTS CHECKLIST - 2010 Spring Season

Key Dates

- ❑ **Program Sign-ups:** November 22, 2009
- ❑ **Parents Information Night:** Early Feb 2010 (Date TBD): You will be emailed with date and location
 - Will offer an overview of the Wilmington Youth Lacrosse program and ask any questions you may have about the program as it relates to the sport, the program or equipment needed. A Representative for one of the local sports centers will be available with equipment packages for sizing and purchase.
- ❑ **Indoor Practice:** Mid March 2009
- ❑ **First Game:** Early April (TBD form League)
- ❑ **Game Locations:** Woburn Street School & Shawsheen Tech
- ❑ **Year End Cook-Out:** June 2010 Note: Dates will be finalized in spring

Program Affiliations

- ❑ US Lacrosse: www.uslacrosse.org
 - National Lacrosse organization. Each WYLA participant (player and/or coach) will be a US Lacrosse member
- ❑ Boys League MassBay Youth Lacrosse League: www.mbyll.org
- ❑ Girls League: MassBay Girls Lacrosse League: www.mbgll.org

Lacrosse Equipment Required for Practice and Games

- ❑ Boys & U9
 - NOCSAE Approved Lacrosse Helmet with cage
 - **(Hockey helmets are NOT allowed)**
 - Lacrosse Stick
 - Mouth Guard (musty be attached to helmet)
 - Gloves
 - Arm Pads
 - Shoulder Pads
- ❑ Girls
 - Girls Lacrosse Stick
 - Mouthguard
 - Goggles
 - Soft Gloves (Optional)